

# IHOP breakfast menu pdf

## World-Famous Buttermilk Pancakes

Item	Price (USD)	Calories
World-Famous Pancake Combo	\$16.49	810–1340 Cal
New York Cheesecake Pancakes Combo	\$16.49	—
New York Cheesecake Pancakes – Full Stack	\$13.69	880 Cal
New York Cheesecake Pancakes – Short Stack	\$6.99	480 Cal
Original Buttermilk Pancakes – Full Stack	\$11.99	720 Cal
Original Buttermilk Pancakes – Short Stack	\$9.29	460 Cal
Cinn-A-Stack Pancakes	\$13.69	890 Cal
Double Blueberry Pancakes	\$13.69	630 Cal
Mexican Tres Leches Pancakes	\$13.69	710 Cal
Strawberry Banana Pancakes	\$13.69	700 Cal
Chocolate Chocolate Chip Pancakes	\$13.69	790 Cal
Buttermilk Chocolate Chip Pancakes	\$13.69	770 Cal
Cupcake Pancakes	\$13.69	740 Cal
OREO Cheesecake Pancakes	\$13.69	1280 Cal
Rooty Tooty Fresh 'N Fruity Blueberry Pancakes	\$13.49	600 Cal
Rooty Tooty Fresh 'N Fruity Strawberry Pancakes	\$13.49	590 Cal

## Combos

Item	Price (USD)	Calories
Breakfast Sampler	\$17.49	1080–1170 Cal
Country Fried Steak & Eggs	\$18.79	1480–1580 Cal
Split Decision Breakfast	\$15.99	1290–1380 Cal
T-Bone Steak & Eggs	\$20.49	940–1070 Cal
Sirloin Steak Tips & Eggs	\$19.49	1180–1270 Cal
Quick 2-Egg Breakfast	\$14.79	650–1000 Cal
Chicken & Pancakes	\$15.29	1060–1090 Cal
Avocado Toast	\$14.29	760–1010 Cal
Huevos Rancheros	\$15.99	850–980 Cal
Smokehouse Combo	\$16.29	1170–1260 Cal
Buttermilk Biscuit & Gravy	\$15.59	1440–1550 Cal

## Omelettes

Item	Price (USD)	Calories
Spicy Poblano Omelette	\$18.59	990 Cal
Big Steak Omelette	\$18.99	1020 Cal
Chicken Fajita Omelette	\$18.59	890 Cal
Colorado Omelette	\$18.99	1240 Cal
Bacon Temptation Omelette	\$17.29	1160 Cal
Spinach & Mushroom Omelette	\$16.79	890 Cal
Veggie Egg White Omelette	\$16.99	420 Cal
Build Your Own Omelette+	\$12.99	380 Cal
Cheeseburger Omelette	\$17.49	1430 Cal

## French Toast

Item	Price (USD)	Calories
Thick 'N Fluffy French Toast Combo	\$16.49	960–1210 Cal
Thick 'N Fluffy Classic French Toast	\$12.79	900 Cal
Thick 'N Fluffy Strawberry Banana French Toast	\$14.29	960 Cal

## Waffles

Item	Price (USD)	Calories
Waffle Combo	\$16.49	1030–1630 Cal
Strawberry Cheesecake Waffle	\$13.59	710 Cal
Oreo Cookie Crumble Waffle	\$13.49	980 Cal
Chicken & Waffles	\$16.79	1160–1180 Cal
Belgian Waffle	\$12.29	560 Cal

## Crepes

Item	Price (USD)	Calories
Crepe Combo	\$16.49	820–1110 Cal
Chicken Florentine Crepes	\$14.29	870 Cal
Breakfast Crepes	\$13.99	1270 Cal
Cinnamon Bun Crepes	\$13.69	680 Cal
Fresh Berry Crepes	\$16.79	650 Cal

## Eggs Benedict

Item	Price (USD)	Calories
Bacon Avocado Eggs Benedict	\$15.79	820 Cal
Spicy Poblano Eggs Benedict	\$16.79	570 Cal
Classic Eggs Benedict	\$15.59	480 Cal

## Tacos & Burritos

Item	Price (USD)	Calories
Spicy Poblano Burrito	\$13.99	1340 Cal
Big Breakfast Burrito	\$14.49	1590 Cal
Spicy Shredded Beef Anytime Tacos	\$14.29	920 Cal
Bacon, Egg & Cheese Anytime Tacos	\$12.99	880 Cal

## Biscuits

Item	Price (USD)	Calories
Chicken Biscuit Sandwich	\$14.79	1100–1110 Cal
Breakfast Biscuit Sandwich	\$12.49	1110 Cal
Buttermilk Biscuit	\$4.29	810 Cal
Buttermilk Biscuit & Gravy	\$6.29	750–770 Cal

## Breakfast Family Feasts

Item	Price (USD)	Calories
Pancake Creations Family Feast with Sausage	\$44.99	4680–5470 Cal
Breakfast Family Feast with Pancakes	\$44.99	4850 Cal
Breakfast Family Feast with Waffles	\$44.99	5270 Cal
Breakfast Family Feast with Thick 'N Fluffy French Toast	\$44.99	5470 Cal
Pancake Creations Family Feast with Bacon	\$44.99	4370–5150 Cal
Breakfast Beverage Bundle	\$9.99	0–1300 Cal

## Kids Menu

Item	Price (USD)	Calories
Happy Face Pancake	\$7.59	310 Cal
French Toast Sticks	\$7.59	630 Cal
Jr. Waffle	\$7.59	240 Cal
Jr. Cupcake Pancake	\$7.59	310 Cal
Jr. Breakfast Quesadilla	\$7.59	700 Cal

Item	Price (USD)	Calories
Jr. Protein Pancake	\$7.59	180 Cal
Silver 5	\$7.59	290 Cal

## 55+ Menu

Item	Price (USD)	Calories
55+ Breakfast Sampler	\$10.99	310 Cal
55+ Rise 'N Shine	\$11.99	220 Cal
55+ Thick 'N Fluffy French Toast	\$9.59	620–700 Cal

## Gluten-Friendly

Item	Price (USD)	Calories
Crispy Breakfast Potatoes	\$4.59	310 Cal
Hash Browns	\$4.79	220 Cal
Original Gluten-Friendly Pancakes – Short Stack	\$7.29	350 Cal
Original Gluten-Friendly Pancakes – Full Stack	\$11.99	630 Cal
Original Gluten-Friendly Pancake Combo	\$16.79	830–1000 Cal
Seasonal Fresh Fruit	\$5.59	50 Cal

## Breakfast Sides

Item	Price (USD)	Calories
2 Eggs	\$3.99	60–220 Cal
Hickory-Smoked Bacon Strips	—	130–270 Cal
Pork Sausage Links	—	210–420 Cal
Smoked Sausage Links	\$6.49	490 Cal
Turkey Bacon Strips	—	60–110 Cal
Slice of Ham	\$5.29	130 Cal
Hash Browns	\$4.79	220 Cal
Crispy Breakfast Potatoes	\$4.59	310 Cal
Grits	\$4.79	120 Cal
Buttered Toast	\$4.59	210–340 Cal
Buttered English Muffin	\$4.29	180 Cal
Seasonal Fresh Fruit	\$5.59	50 Cal
IHOP Syrup	—	100–110 Cal